

Attending IMS26 in Glasgow was a particularly important meeting for me, as it was my first time attending the conference and the first opportunity to present findings from our MY-TRAC to an international myeloma audience. Presenting at the Nursing and Allied Health Symposium allowed me to share our work exploring the use of wearable technology during autologous stem cell transplant, and it was encouraging to see the interest in how wearable data and patient-reported outcomes could be used together to better understand recovery from the patient perspective. What stood out most across the meeting was the pace at which myeloma treatment continues to evolve, particularly with the growing role of bispecific antibodies, cellular therapies and more individualised treatment pathways. Alongside the scientific advances, there was a strong focus on quality of life, treatment burden and the wider experience of living with myeloma, which felt highly relevant to my own clinical and research interests. I left the meeting with a clearer sense of where my future research could contribute and with several ideas that I can take back into practice. I am very grateful to the UK Myeloma Society for the bursary that supported my attendance. It enabled me not only to attend IMS, but also to present my work, and engage with the wider myeloma community, making the whole experience particularly valuable for my ongoing development as a clinical academic nurse.

Tommy Brown RN, MSc, PgCert
Clinical Nurse Researcher
Honorary Lecturer - The Royal Marsden School